



# Guide to Human Services

**STOW  
COMMUNITY  
CHEST**

## Adoption

Concord Family Service 978-369-4909  
Dept. of Social Services 800-KIDS-508  
MA Adoption Resource 800-882-1176

## Addictions

Acton Health Assoc. 978-263-6788  
Addiction Hotline 978-287-3515  
Alcoholics Anonymous 617-426-9444  
Assabet Human Services 978-897-4446  
Boundaries Therapy Center 978-263-4878  
Center for Addictive 800-334-5512  
Behavior  
Clearing House for Drug & 800-729-6686  
Alcohol Abuse  
Drug Helpline 978-287-3515  
Emerson Hospital Addiction 978-287-3520  
Services  
Smoking Cessation 781-272-2866

## AIDS

AIDS Action Hotline 800-235-2331  
Emerson Hospital 978-287-3212  
HIV/AIDS Info  
Youth Only Aids Line 800-788-1234

## Alzheimers Information

Alzheimer's Association 800-548-2111  
Alzheimer's Education Center 800-438-4380  
Cooperative Elder Services 978-897-0642  
Elliot Community Services 978-369-1113  
Minuteman Home Care 978-263-8720

## Blind/Visually Impaired

Carroll Center for the Blind 800-852-3131  
MA Commission for the 800-392-6450  
Blind  
Perkins School for the Blind 617-924-3434  
Vision Community Service 617-926-4232

## Children

Department of Social Services 508-424-0100  
Child At Risk 800-792-5200  
Family Day Care Program 978-897-9874  
Parents Anonymous 800-882-1250  
Parental Stress Line 800-632-8188  
Pediatric Intervention Team, 978-369-1400  
Emerson Hospital ext. 3422  
Stow Parents Network 978-897-2633

## Infants & Toddlers

CASE Collaborative 978-318-1534  
Child Care Search 978-897-6400  
First Connections 978-287-0221  
Minuteman Early Intervention 978-369-3524

## Youth

Big Brother/Big Sister of 888-879-7762  
South Middlesex County  
Boys & Girls Club of 978-461-2871  
Assabet Valley  
Boy Scouts of America 508-872-6551  
Concord Family Service 978-369-4909  
Eliot Community Human 978-369-1113  
Services  
Girl Scouts of the USA 800-292-9545

## Teens

Concord Assabet Family & 978-263-3006  
Adolescent Services, Inc.  
Runaway Hotline 800-621-4000  
Samariteens 800-252-8336

## Counseling

Boundaries Therapy Center 978-263-4878  
Concord Assabet Family & 978-263-3006  
Adolescent Services, Inc.  
Concord Family Service 978-369-4909  
Eliot Community Human 978-369-1113  
Services  
Emerson Hospital Social 978-287-3170  
Services

## Credit & Consumer Services

Better Business Bureau of 508-755-2548  
Central MA  
Better Business Bureau of 508-652-4800  
Eastern MA  
Consumer Credit Counseling 617-426-6644  
Consumer Protection 617-727-8400  
Division of Attorney General's Office

## Deaf/Hearing Impaired

Commission for Deaf and 800-882-1155  
Hard of Hearing  
Mass State Association 781-388-9114  
for the Deaf

## Death/Bereavement

Hospice at Emerson 978-287-3270  
Hospice Federation of MA 781-255-7077  
MA Center for Sudden 800-641-7437  
Infant Death Syndrome  
Nashoba Nursing Service 978-772-3337  
& Hospice  
Wayside Hospice 508-358-3000

## Disabilities

Mass Office of Disability 800-322-2020  
Mass. Network of 800-642-0249  
Info Providers for People with Disabilities

## Divorce & Separation

Boundaries Therapy Center 978-263-4878  
Concord Family Service 978 369-4909  
Eliot Community Human 978-369-1113  
Services

## Domestic Violence

Battered Women's Hotline 800-899-4000  
Network for Women's Lives 978-287-4089  
Police 911  
Women's Protective Service 508-626-8686

## Employment & Training

Equal Employment 800-669-3362  
Opportunity Commission

## Food Assistance

AGAPE - Maynard (Mon.) 978-263-0243  
Union Congregational  
Acton Community Supper 978-263-2728  
(Wed.) Congregational Church  
Concord Open Table (Thur.) 978-369-2275  
Food Source Hotline 800-645-8333  
Maynard Food Pantry 978-897-8340  
Stow Food Pantry 978-897-4230  
Women Infants & Child 800-942-1007  
(WIC)  
Val's Project 978-897-2844

## Fuel Assistance

Fuel Assistance, State 800-632-8175  
Office  
SMOC 508-460-9699  
Stow Council on Aging 978-897-1880



**P.O. Box 392  
Stow, MA 01775**

**GIVING IS CARING**



# Guide to Human Services

**STOW  
COMMUNITY  
CHEST**

## Gay & Lesbian Services

Fenway Community Health Center	617-267-0900
Gay/Lesbian Helpline	617-267-9001
Women's Center	617-354-8807

## Health Information

AIDS	617-437-6200
Alzheimer's	800-548-2111
American Cancer Society	800-227-2345
American Red Cross	800-564-1234
Arthritis	617-244-1800
Birth Defects	800-458-0039
Cerebral Palsy	617-926-5480
Cystic Fibrosis	800-966-0444
Dental	800-342-8747
Diabetes	888-342-2383
Epilepsy	617-542-2279
Head Injury	508-795-0244
Heart	800-242-8721
Kidney	800-542-4001
Lung	781-272-2866
Lupus	508-872-5200
Multiple Sclerosis	781-890-4990
Muscular Dystrophy	508-898-3375
Parkinson's	800-223-2732
Poison Control	800-682-9211
Stroke	800-553-6321

## Home Health Care

Acton Public Health Nursing Service	978-264-9653
Emerson Home Care	978-287-0122
Minuteman Senior Services	978-263-8720
Nashoba Nursing Service & Hospice	978-772-3337
Parmenter Health Services Wayland	800-698-3307
	508-358-3000

## Hospitals

Bedford Veterans Medical Center	781-275-7500
Deaconess Nashoba Hospital	978-784-9000
Emerson Hospital	978-369-1400
Lahey Clinic	781-744-5100
UMass Memorial Health Care - Marlborough Hospital	508-481-5000

## Houses of Worship

Bochasanwasi Swaminarayan Santha	978-562-0727
First Parish Church of Stow and Acton	978-897-8149
St. Isidore's Catholic Church	978-897-9790
Union Church of Stow	978-897-2328

## Housing

Housing Authority	978-562-9268
-------------------	--------------

## Insurance

Group Insurance Commission	617-727-2310
National Insurance Consumer Helpline	800-942-4242
MA Division of Insurance	617-521-7777
Medicaid	800-841-2900
Medicare	800-882-1228
SHINE (Seniors only)	
Minuteman Senior Services	781-272-7177
ext. 270	
Stow Council on Aging	978-897-1880

## Legal Information

Lawyer Referral Service of Mass. Bar Association	800-392-6164
Middlesex County Bar Association	617-494-4150
Victim/Witness Advocate (Middlesex DA)	978-369-0225

## Mass State Agencies

AFDC	508-661-6600
(Food Stamps, Welfare) or	800-249-2007
Department of Revenue	800-332-2733
(Child Support)	
Executive Office of Health and Human Services	617-727-7600
Mass Rehabilitation	781-932-9163
Mass Office on Disability	800-322-2020

## Mental Health

Alliance for the Mentally Ill	781-938-4048
Concord Family Service	978-369-4909
Concord-Assabet Family & Adolescent Services	978-263-3006
Dept. of Mental Health	508-485-7470
Eliot Community Human Services	978-369-1113
Restoration Project, Inc.	978-263-0416
Wayside Community Programs	508-879-9800

## Mental Retardation

Dept. of Mental Retardation	508-792-7890
Friday Night Fun Club	978-369-7177
Minute Man ARC for Human Services	978-371-1543

## Senior Citizens Support

Cooperative Elder Services	978-897-0642
Elder Abuse Hotline	800-922-2275
Minuteman Home Care	978-263-8720
Plantation Apartments	978-897-4404
Senior Outreach	978-897-1880
SHINE (Insurance Counseling)	
Minute Man Senior Services	781-272-7177
Stow Council On Aging	978-897-1880
Social Security	800-772-1213
State Office of Elder Affairs	800-882-2003
Val's Project	978-897-2844

## Stow Town Services

AMBULANCE	911
Animal Control	978-897-5003
Assessors	978-897-4597
Board of Health	978-897-4592
Building Inspector	978-897-2193
Conservation Commission	978-897-8615
Council on Aging	978-897-1880
FIRE DEPARTMENT	911
(business)	978-897-4537
Gas Inspector	978-897-2193
Highway Department	978-897-8071
Nashoba Regional School District	978-779-0539
Planning Board	978-897-5098
POLICE (emergency)	911
(business)	978-897-4545
Randall Public Library	978-897-8572
Recreation Commission	978-461-1411
Social Worker (BOH)	978-897-4592
Town Administrator	978-897-2927
Town Clerk	978-897-4514
Treasurer-Collector	978-897-2834
Veteran's Agent	978-897-2927

## Transportation

Caravan for Commuters	888-426-6688
MBTA	800-392-6100
Stow Senior Van	978-897-1880

## Veterans' Services

Bedford VA Medical Center	781-275-7500
Dept. of Veterans Affairs	800-827-1000
Dept. of Veterans Services	617-727-3578
Veterans' Agent	978-897-2927

## Women's Services

Birthingright Assabet Valley	978-897-6825
Center for Women & Children	508-793-6388
UMass Medical Center	
Emerson Hospital Women's Health Services	978-287-3456
Healthy Start	800-227-7748
Planned Parenthood	800-539-2378
Pregnancy Hotline	800-322-5014
Women's Education & Industrial Union	617-536-5651

## Emergency Service

<b>Fire</b>	<b>911</b>
<b>Police</b>	<b>911</b>
<b>Ambulance</b>	<b>911</b>
<b>Poison</b>	<b>800-682-9211</b>
<b>Psychiatric</b>	<b>800-540-5806</b>
<b>Samaritans</b>	<b>508-875-4500</b>