



2017 Stow Community Chest Guide to Human Services

EMERGENCY SERVICES

Fire	911
Police	911
Ambulance	911
Poison	800-222-1222
Psychiatric	800-540-5806
Samaritans	877-870-4673

Adoption

Dept. of Children & Families	617-748-2000
Mass. Adoption Resource Exchange	800-882-1176

Addictions

Alcoholics Anonymous	617-426-9444
Boundaries Therapy Center	978-263-4878
Emerson Addiction Rehab. Programs	
Addiction Services	978-287-3520
Inpatient or Emerg. Services	978-287-3510
MA Council on Compulsive Gambling	800-426-1234
Northeast Behavioral Health	978-745-2440
Smoking Cessation (American Lung Association)	800-586-4872

AIDS

AIDS Action Hotline (Mass. Gov.)	800-235-2331
	TTY: 617-437-1672
National AIDS Info Hotline	800-448-0440

Alzheimer's Information

Alzheimer's Association	800-548-2111
Alzheimer's Education Center	800-438-4380
Cooperative Elder Services-Concord	978-318-0046
Eliot Community Human Services	978-369-1113
Minuteman Senior Services	781-272-7177

Blind/Visually Impaired

Carroll Center for the Blind	617-969-6200
MA Commission for the Blind	617-727-5550
Perkins School for the Blind	617-924-3434

Children

Department of Children & Families	617-748-2000
Child At Risk Hotline	800-792-5200
MA Dept of Revenue, Child Support	800-332-2733
Family Child Care System (Part of Council of Social Concern)	781-935-6495 x218
Justice Resource Institute	781-559-4900
Parents Helping Parents	617-926-5008
Parental Stress Line	800-632-8188
Pediatric Intervention Team, Emerson Hospital	978-287-3422
Stow Area Parents Network	978-562-5614

Infants & Toddlers

CASE Collaborative	978-318-1534
First Connections	978-429-8284
Healthy Families	508-482-5939
Minute Man ARC Early Intervention	978-369-3524
National Center for Missing & Exploited Children	800-843-5678

Youth

Big Brother/Big Sister of Central Mass/MetroWest	508-879-7762
Boys & Girls Club of Assabet Valley	978-461-2871
Eliot Community Human Services	978-369-1113
Stow Boy Scouts	978-568-0510
Stow Cub Scouts	978-298-5536
Stow Girl Scouts	603-682-8722
Victor School	978-266-1991

Teens

Justice Resource Institute	781-559-4900
National Runaway Switchboard	800-RUNAWAY
Samariteens	800-252-8336
Wayside Youth and Family Support Network	508-879-9800

Counseling & Support

Boundaries Therapy Center	978-263-4878
Eliot Community Human Services	978-369-1113
Emerson Hospital Case Mngmt.	978-287-3170
Mass. Center for Sudden Infant Death Syndrome	617-414-SIDS
Town Social Worker	978-897-2638
Virginia Thurston Healing Garden	978-456-3532

Credit & Consumer Services

Better Business Bureau of Central New England	866-566-1323
Better Business Bureau of Eastern Mass.	508-652-4800
Consumer Assistance Office	508-651-8812
Consumer Credit Counseling (Money Management International)	866-889-9347
US Consumer Product Safety	800-638-2772
Consumer Protection Division of Attorney General's Office	617-727-8400

Deaf/Hearing Impaired

Mass. Commission for the Deaf and Hard of Hearing	800-882-1155
	TTY: 800-530-7570
	VP: 617-326-7546
Emergency Interpreter Services	800-249-9949

Death/Bereavement

Compassionate Care Hospice	781-935-5550
Hospice and Palliative Care Federation of Mass.	800-962-2973
Nashoba Nursing Service & Hospice	978-425-6675
Wayside Hospice/Parmenter VNA	508-358-3000

Developmental Disabilities

Dept. of Developmental Services	508-866-5000
Minute Man ARC for Human Services	978-287-7900

Disabilities

Mass. Network of Info Providers for People with Disabilities	800-642-0249
Mass. Office on Disability	800-322-2020
	617-727-7440

Divorce & Separation

Boundaries Therapy Center	978-263-4878
Eliot Community Human Services	978-369-1113

Domestic Violence

Cambridge Women's Center	617-354-8807
REACH/ Domestic Violence Hotline	800-899-4000
Domestic Violence Services Network	
Hotline	888-399-6111
Bus. office	978-318-3421
POLICE	911
Voices Against Violence	800-593-1125

Employment & Training

Mass. Division of Unemployment Assistance	617-626-6560
English At Large (English as a second language)	781-395-2374
Mass. Commission Against Discrimination	617-994-6000

Food & Household Assistance

Acton Food Pantry	978-635-9295
Concord Open Table (Thur.)	978-369-2275
Food Source Hotline	800-645-8333
Household Goods	978-635-1710
Maynard Food Pantry	978-764-5279
Stow Food Pantry	978-897-4230
Women Infants & Children (WIC)	800-942-1007
Warm Hearts of Stow	978-793-3031

Fuel Assistance

Citizens Energy Oil Heat Program	877-563-4645
Fuel Assistance, State Office	800-632-8175
SMOC Fuel Assistance (To leave a message)	508-620-1230
	508-620-2318
Stow Council on Aging	978-897-1880

Gay & Lesbian Services

Fenway Community Health Center	617-267-0900
Gay, Lesbian, Bisexual, and Transgender Helpline	888-340-4528
	617-267-9001
Peer Listening Line (Youth)	800-399-7337
Cambridge Women's Center	617-354-8807



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Health Information

AIDS Action Committee	617-437-6200
Alzheimer's Foundation	800-272-3900
American Cancer Society	800-227-2345
American Red Cross	800-564-1234
Arthritis Foundation	800-283-7800
Birth Defects/March of Dimes	508-366-9066
Brain Injury of Mass.	800-242-0030
Cerebral Palsy of Mass.	877-479-7577
Cystic Fibrosis Foundation	800-344-4823
Dental Society of Mass.	800-342-8747
Diabetes Association	888-342-2383
Epilepsy Foundation	888-576-9996
Heart Association	800-242-8721
Hepatitis Info	888-658-2850
Mass. Dept. of Public Health	
Kidney Helpline	866-300-2900
Lead Poisoning Prevention of Mass.	800-532-9571
Lung Association	800-LUNGUSA
Lupus Foundation	877-NOLUPUS
Multiple Sclerosis Society	800-344-4867
Muscular Dystrophy Association	508-898-3375
Parkinson's Association	800-651-8466
Poison Control & Hotline	800-222-1222
Stroke Association	800-553-6321

Home Health Care

Acton Public Health Nursing Service	978-929-6650
Emerson Home Care	978-287-8300
Minuteman Senior Services	888-222-6171
Nashoba Nursing Service & Hospice	978-425-6675
Wayside Hospice/Parmenter VNA	508-358-3000

Hospitals

Bedford Veterans Medical Center	781-687-2000
Emerson Hospital	978-369-1400
MetroWest Medical Center	508-383-1000
Lahey Clinic	781-744-5100
Nashoba Valley Medical Center	978-784-9000
Marlborough Hospital	508-481-5000

Houses of Worship

First Parish Church of Stow and Acton	978-897-8149
St. Isidore's Catholic Church	978-897-2710
Union Church of Stow	978-897-2328

Housing

Affordable Housing in Stow	
Pilot Grove Apts.	978-897-0313
Plantation Apts.	978-897-4404
Hudson Housing Authority	978-562-9268

Insurance

Group Insurance Commission	617-727-2310
Mass. Division of Insurance	617-521-7777
Consumer Complaints	
MassHealth/Medicaid	800-841-2900
Medicare	800-MEDICARE
SHINE (Seniors only)	888-222-6171
Direct Line	781-221-7029
Stow Council on Aging	978-897-1880

Legal Information

Lawyer Referral Service of Mass. Bar Association	800-392-6164
Middlesex County Bar Association	781-939-2797
Middlesex District Attorney	781-897-8300
Victim/Witness Advocate	781-897-8490

Local Assistance

Household Goods	978-635-1710
Stow Neighbor Brigade	978-897-0240
Town Social Worker	978-897-2638
Warm Hearts of Stow	978-793-3031

MA State Agencies

AFDC (Transitional Assistance)	508-661-6600
Food Stamps, Welfare	800-249-2007
Dept. of Developmental Services	888-367-4435
Mass. Dept of Revenue, Child Support	800-332-2733
Executive Office of Health & Human Services	617-573-1600
Mass. Office on Disability	800-322-2020 617-727-7440
Mass. Rehabilitation Commission	800-245-6543
Framingham Office	508-370-4700

Mental Health

Alliance on Mental Illness of Mass., Inc.	781-938-4048
Dept. of Mental Health Advocates, Psychiatric Emerg.	800-221-0053 800-540-5806
Eliot Community Human Services	978-369-1113
Emerson Hospital Behavioral Services	978-287-3590
Restoration Project, Inc.	978-263-0416
Wayside Youth and Family Support Network	508-620-0010

Senior Citizen Support

Cooperative Elder Services	978-318-0046
Elder Abuse Hotline	800-922-2275
Minuteman Senior Services	781-272-7177
Minuteman Home Care	888-222-6171
Senior Outreach	978-897-1880
SHINE (Insurance Counseling)	781-221-7029
Social Security	800-772-1213
Stow Council on Aging	978-897-1880
State Office of Elder Affairs	800-882-2003
Warm Hearts of Stow	978-793-3031

Stow Town Services

AMBULANCE	911
Animal Control	978-897-2784
Assessors	978-897-4597
Board of Health	978-897-4592
	978-897-7631
Building Inspector	978-897-2193
Cemetery Committee	978-461-1403
Conservation Commission	978-897-8615
Council on Aging	978-897-1880
FIRE DEPT. (Emergency)	911
(Business)	978-897-4537
Gas Inspector	978-549-3201
Highway Department	978-897-8071
Nashoba Nurse	978-772-3335 x340
Nashoba Regional School District	978-779-0539
Planning Board	978-897-5098
POLICE (Emergency)	911
(Business)	978-897-4545
Randall Public Library	978-897-8572
Recreation Commission	978-855-2298
Selectmen	978-897-4515
Stow TV	978-897-7732
Town Accountant	978-897-5012
Town Administrator	978-897-2927
Town Clerk	978-897-4514
Town Social Worker	978-897-2638
Treasurer-Collector	978-897-2834
Tree Warden	978-430-6359
Veterans' Service Officer	978-290-0278

Teens

Justice Resource Institute	781-559-4900
National Runaway Switchboard	800-786-2929

Transportation

MassRIDE	888-426-6688
MBTA	800-392-6100
Stow Senior Van	978-897-1880

Veterans' Services

VA (Bedford, MA)	781-687-2000
Dept. of Veterans' Affairs	800-827-1000
Dept. of Veterans' Services	617-727-3578
Veterans' Service Officer, Stow	978-290-0278

Voter Information

League of Women Voters	617-523-2999
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Women's Services

Community Women's Care, UMass Medical Center	508-334-6388
Emerson Hospital	978-369-1400
Clough Birthing Center	978-287-3310
Hermel Breast Health Center	978-287-8107
Find a Physician 24/7	877-936-3776
Planned Parenthood	800-258-4448
Pregnancy Exposure Info Line	800-322-5014
Crittenton Women's Union	617-782-7600